Behaviours and Actions Matter
The 5 Principles of Human Performance



### Behaviours and Actions Matter

■ The five principles of Human Performance

Support psychological safety – where people feel safe to speak up

Integral to cultivating a culture where people feel they will be heard

Being Human Video



# **Small Group Exercise**

Each group to take one principle (shown on next slide) and consider:

How might this principle show up in real life? Can you share an example based on your own experiences?

What are the challenges in applying this principle in a typical scenario?

■ What might a 'standard' reaction be, versus the 'preferred' principle reaction?

## **Behaviours and Actions Matter**

- 1. Error is normal
- 2. Blame fixes nothing
- 3. Context drives behaviour
- 4. Learning is vital
- 5. How you respond matters

Human Performance Principles - Plenary Conversation



## Reflection

Each person to individually reflect on and write down:

■ What new thing have you learnt by discussion the 5 principles of human performance?

■ What are you going to start doing differently, right away, as a result of the discussion?



